

Craven PE Report, Spring term, 2017

This term, there have been lots going on at Craven in terms of PE and sports competitions.



Within Foundation Stage, the children have been developing their awareness of space and confidence when moving in a variety of ways, particularly in dance and movement sessions. The foundation garden continues to challenge and develop further gross motor skills and the children are becoming experts on the monkey bars and the climbing apparatus.

Year 1 and 2 pupils have both explored Hockey and their skills have developed well. The children have learnt to control and dribble hockey puts effectively using a hockey stick, whilst gathering knowledge of the rules of the game as well as things that help make a great team. Yoga club has been very successful during the spring term and the KS1 children have thoroughly enjoyed participating and developing their balance and co-ordination. The children have also enjoyed their experience with Hull KR, learning all about Rugby and developing their ball control, speed and resilience.



In Year 3, the children have explored gymnastics, it is evident that last term's dance topic has enabled the children to apply their knowledge to support their development of gymnastics and how to conduct themselves safely on gym apparatus. Year 3 have had some fabulous experiences, including Rugby with Hull KR. The children thoroughly enjoyed the experience and have developed some amazing Rugby skills.

This half term, year 4 has focused on Hockey and all of the skills and techniques that come with it. After exploring the correct way in which to hold and travel with a hockey stick, the children have developed their dribbling skills, progressing through easier dribbles to more challenging motions. The children acquired knowledge of basic rules of the game as well as the understanding of the importance of working in a team.

The children in year 5 have been developing their dance and gymnast skills this half term, developing balance, agility and co-ordination. They have also composed their own gymnast piece, showing awareness of space and movement whilst challenging their physical ability. They have developed knowledge around flexibility and the ways in which our muscles support us and been confident to ask questions to inform their understanding of gymnasts in the Olympics.



Year 6 have experienced Athletics this term. Participating in a variety of field and track events. Our end of term intra school competition showed we certainly have some aspiring athletes, especially in speed

bounce! The children have thoroughly enjoyed this, therefore an athletics club has been organised to take place in the summer term.

Craven carried out their first PE curriculum day this term, applying skills in Numeracy, Literacy and Science to help create some wonderful sport related writing and data collection and graph creating tasks. Each class participated in the 'change 4 life' 10 minute shake up, which was great fun. The children and the staff in the academy thoroughly enjoyed this and gathered further knowledge around sport and our bodies.



Once again, Craven had success in this year's Rock Challenge performance, achieving 7 fantastic awards at the event. The



children continue to thrive both inside and outside the classroom, with Rock Challenge being one of the positive influences. We hope to see more and more children join us next year!

Next Term...

A wide variety of lunchtime clubs and after school clubs are planned for the summer term. With more and more outside sports links coming into our academy to broaden the range of experiences for our children. From football to athletics and the delivery of the change for life scheme, more and more children are eager to participate in sporting activities. We are accessing many more tournaments especially for KS1 next term as well as some exciting competitions ahead for KS2 and our yearly sports day event.