

## Craven PE Report, autumn 2, 2016

This term, there have been lots going on at Craven in terms of PE and sports competitions.

Within Foundation Stage, the children have been developing their awareness of space and confidence when moving in a variety of ways, particularly in dance and movement sessions. Children have used Sticky Kids to develop skills when negotiating space around them and when moving freely avoiding obstacles. PE, this term, has enabled the children to develop their health and self-care by discussing healthy fruits and the effects exercise has on the body.



Year 1 and 2 pupils have continued working with Hull FC this term, increasing their ball control, as well as developing balance, agility and co-ordination. The children have continued applying these within rugby-related activities and have transferred their skills into basketball related tasks. Year 2 children have also worked with Georgina from NAPA, showing increasing resilience and perseverance throughout their sessions.

In Year 3, the children have been developing their Dance skills whilst investigating movements using different parts of the body. They have followed the Val Sabin scheme of work and been developing a variety of contemporary pieces of dance over the weeks. The children have been using an oriental/Japanese style of music and have added movements to it individually, in pairs and then moving into a sequenced piece of work.



The children have worked hard to ensure the movements match the music, are fluid and when working together, flow from one person to another without stopping or starting. The children have completed mirror image work and have been able to give critiques on each other's work, being complementary whilst giving constructive criticism where necessary.

This half term, year 4 has focused on netball and all of the skills and techniques that come with it. After starting with movement and passing, they learnt how to attack and defend within team games.



The children in year 5 have been developing their netball skills this term. The children have explored circuit training as a form of warming up which has also helped to develop body control, balance and a variety of techniques. They have played mini games and applied their knowledge of attacking and defending principles.

Year 6 have been very busy, participating in NAPA where they have worked relentlessly to develop their performing arts skills while performing dances using a range of movement patterns, with a spectacular end performance. In addition to this, they have been developing their Netball skills, where children have learnt the requirements of competitive team games and the skills required when attacking or defending.



Craven have continued to attend a wide range of tournaments this term. Pupils have proudly represented the academy at a range of events, including football and rugby. The Year 5 Boys had great success in the Football tournament, making it to the regional finals; we have some very exciting tournaments coming up in the spring term, including dodge ball, swimming and a variety of inclusive sports.

Rock Challenge has arrived this half term with more and more children attending each year. Rock challenge is enabling the children to develop their team work, communication, balance and agility; we are very excited to see the performance come together and the children to develop their physical skills further through extra-curricular opportunities.