

Craven PE Report, Autumn 1, 2016

This term there has been lots going on at Craven in terms of PE and sports competitions.

Within Foundation Stage, the children have been dedicated to developing their fine motor skills through a variety of active tasks, particularly those which involve listening as a vital skill. This has included games such as the shark game, Beans and traffic lights. Children have also enjoyed working on their movement to music using Sticky Kids.

Year 1 and 2 pupils have had the pleasure of working with Hull FC this term, increasing their mastery of basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, applying these within rugby-related activities. Year 2 have also had NAPA, where the children have focused on simple dance moves to a familiar song, including following a set routine and improvisation.



In Year 3, children have been developing their Gymnastics skills. They have investigated balances using points and patches and have tried to increase core strength by tightening their bodies, pointing their hands and feet and trying to eradicate floppy bodies. The children have worked individually, in pairs and in groups of 4 to practise, perform and evaluate their balances. They have discussed the importance of warm ups, cool downs, looked at the effect of activity on their bodies and have modelled good practice with regards to

moving and tidying mats.

Year 4 pupils have enjoyed developing their football skills this term, developing their passing (particularly their understanding of how to make accurate ones with correct foot positioning), along with movement, dribbling and shooting. When applying this within small-scale games, children understood the importance of teamwork as well as skills to employ when both attacking and defending. Children were consistently evaluative, both of themselves and others.

Year 5 started the year with focusing on football skills which has really helped their coordination and control skills. As well as taking part in NAPA every week, where the children normally start with a warm up, followed by dancing simultaneously to a choreographed dance routine.

Year 6 have been very busy, participating in NAPA where they have worked relentlessly to develop their performing arts skills while performing dances using a range of movement



patterns. In addition to this, they have been playing Benchball, where children have learnt the requirements of competitive team games and the skills required when attacking or defending. As part of their visit to Archbishop Sentamu Academy, children got involved in an array of activities relating to sports and the performing arts.

Mr Phillips' cricket club and Mr Metcalfe's football club have been greatly enjoyed by Key Stage 2 pupils this term. The pupils in the club were very well behaved and had an excellent attitude towards their learning and development of skills.

In terms of after-school competitions, there have been plenty. Pupils have proudly represented the academy at a range of events, including football and rugby. At the boys 7-a-side under 11's football tournament at St Mary's College on 4th October, the boys were extremely competitive, achieving a 4th place finish out of the 10 schools that took part. The Year 5 and 6 boys' rugby league tournament was also enjoyed by all who took part.